

FSC Player & Parent Expectations



PLAYER/PARENT EXPECTATIONS

The Findlay Soccer Club has the following expectations for the up coming year. Please read them together with your child so that everybody understands what is expected for the upcoming season.

Training Sessions:

- Players are to wear appropriate clothes to all training sessions.
- Shin guards, socks covering shin guards, and cleats should be worn at all practices.
- All jewelry and watches should be removed prior to practice.
- Balls must be properly inflated by the beginning of practice.
- Bring plenty of fluids (water and a sports drink) even when it's not warm. No carbonated or caffeinated drinks!
- Players are strongly encouraged to arrive 10-15 minutes early to ensure they are ready to begin on time. Players can use the extra time for juggling or ball work, not shooting on the goal!
- Please wear different shoe attire to and after practice (i.e., flip flops) so that your feet can get some much needed air and to preserve the chiropractic stability of your boots!
- If you arrive late to the training session then, please run to your session!
- Please pack extra clothes in case of inclement weather.
- Players must come ready to work hard, listen and have fun.

The only way to beat the best is not to train like the best – but train harder than the best.

Match Day:

- PLAYERS are responsible for their game bag; they will need all their uniforms, cleats, socks, shin guards and extra clothes.
- Home games – white jerseys, royal shorts, white socks.
- Away games – royal jerseys, royal shorts, royal socks.
- If we play twice in one day then, we may wear the opposite uniform.
- Always bring both uniforms to games.
- Please wear different shoe attire to and after games (flip flops) so that your

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feet can get some much needed air and to preserve the chiropractic stability of your boots!

- Shin guards are to be put on before the game, do not travel with your boots and shin guards on, unless you're arriving late!
- Players are to arrive 45 minutes prior to game time unless your coach has told you otherwise. There will be times when coaches will reduce or extend the warm up based on travel, temperature, etc. The first 10-15 minutes are there to prepare your attire (boots, shin guards and tape), the rest of the time is to prepare your body to the conditions (e.g. weather & fields etc.).
- Bags must be lined up facing the same direction with extra equipment inside.
- Balls must be brought to each match and properly inflated prior to the beginning of the warm up.
- Bring plenty of fluids even when it's not warm (water and a sport's drink). No carbonated or caffeinated drinks!
- Players must be courteous to all players, officials, parents and coaches within and outside of the club.

The Findlay Soccer Club expects our players to come ready to play both physically and mentally to every game. Playing time is determined by work rate at practice and playing ability. Attitude and commitment also come into the equation. If a player misses a practice without a legitimate reason or shows a negative attitude then, there playing time may be penalized. The player will be informed of this before, during or after the game. The way we play and the manner in which we compete is a reflection on the coaches and the Findlay Soccer Club. Players understand the importance of how we prepare mentally and physically. They should also be aware of how we are perceived in the public eye and that each of them will represent the Findlay Soccer Club in a manner that reflects the pride and honor they feel in being apart of our organization. We are proud of our players both as soccer players, and more importantly as people. Our actions should represent who we are and what we stand for.

Remember that players aren't born with world-class talent, only world class potential, and bridging the gap takes years and years of hard work and sweat.

Tournaments:

Tournaments are for the players to apply their learning of the game against different level opposition and different teams. Please do not replace the

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importance of this at the expense of social events and sight seeing. That is not to say that those things can't take place during tournaments, just please prioritize!

- Curfew is never later than 11:00pm for any player, there will be times when it will be earlier. If you arrive on the day you are traveling later than 11:00 pm, check in and get to your room ASAP. Curfew is defined as in your room with the door closed. Players who violate curfew and get caught can expect to be punished. Curfew puts players out of the hallways so that all teams and guests in the hotel can get proper rest.
- Be respectful of hotel staff and other guests at all times.
- No running through the halls, knocking on random doors, throwing items etc. Also, please remember that elevators are not toys.
- No swimming between or before matches. Swimming can take place after the day's games are completed.
- Players should be off their feet, in a cool environment and taking in food and fluids when preparing for a match.
- Players are expected to stay in the team hotel unless notified in advance. This is an important time for team building, and families/coaches to be together and get to know each other. Having players scattered is not conducive to the environment the Findlay Soccer Club is trying to build and promote.
- All players and parents should make sure that the team manager knows what room they are in, in order to distribute information if needed.

The mark of brilliance is to produce the unexpected. The proof of genius is to do it time and time again.

Sideline Behavior – Parents:

Please feel free to ENCOURAGE your daughter(s) as much as possible. We want the players to know you are there and that you support them at all times, however here are some general guidelines;

- **Please do not coach from the sidelines.** This is a player's game, a player who should be constantly thinking on the pitch (field). It can often be a distraction to the player and it can be difficult to create any kind of unified thought process with directions coming from both sides of the pitch. Please encourage the players and applaud exciting plays for both teams! Please don't give them specific soccer instructions.
- Please don't yell at any referee, referees have bad days as we all do. Regardless, let them do their jobs. Complaining about calls only makes

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things worse plus it may cause younger referees to quit refereeing. Also, we teach our players to rise above the things they cannot control such as referees. We ask you to do the same.

- Please don't engage in banter with the opposition's parents. Please try not to get caught up in the heat of battle and behave without class, simply remove yourself from the situation. As you expect us to behave with class and respect, we expect the same from you.
- Finally, never speak to an opposing player or coach, other than to congratulate them. Let the coaches and players take care of business on the field and you can sit back and enjoy watching your daughter(s).

The quality coach leads his players by understanding they will make mistakes in training and matches, they will also have moments of brilliance, and sometimes both within the same game. It is the understanding that these tie together to help a player grow that helps a coach guide the player towards their goals in the sport.

Please remember you're a parent, fan and representative of the Findlay Soccer Club. We ask that in your representation, you do everything you can to uphold the dignity of the players, the soccer club, the directors, the coaches, the other parents of our organization and most importantly, the dignity of the game of soccer. You are an extension of the Findlay Soccer Club and people take what you say in direct correlation with the overall organization, so please be smart in the choices you make and the things you do and say, as people will see it as a representation of the Findlay Soccer Club.

As we strive to continue the process of improving the Findlay Soccer Club, please keep the lines of communication open. If you are having a problem with something or you have a question about anything please contact your coach or the coaching directors for discussion. Be smart about the timing of discussions, especially if you or the coach may be emotional around the game time, **DO NOT APPROACH ANY COACH RIGHT BEFORE OR AFTER GAMES!!** This may lead to an emotional discussion, and could have been better discussed and resolved under a calmer environment. The directors/coaches are happy to talk to any of you at the appropriate time regardless of how small the concern or question is.

Here's to an enjoyable season/year together. We appreciate your commitment and thank you for taking your time to help make your daughter a better player/person!